

Children Youth & Families, Addiction and Mental Health - Clinic Locations

Northgate Clinic:	2020-9499 137Ave Edmonton, AB 780.342.2700
Rutherford Mental Health Clinic:	202-11153 Ellerslie Road SW Edmonton, AB 780.342.6850
Sherwood Park Clinic:	9000 Emerald Drive Sherwood Park, AB 780.342.3373
Fort Saskatchewan Clinic:	9401—86 Avenue Fort Saskatchewan, AB 780.342.2388
Leduc Clinic:	Centre Hope Building, 2nd Floor, 4906—49 Ave Leduc, AB 780.986.2660
St. Albert Clinic:	Provincial Building, 30 Sir Winston Churchill Ave, St. Albert, AB 780.342.1410
Morinville Clinic:	Provincial Building, 10008 107 Street Morinville, AB 780.342.2620
Spruce Grove Clinic:	140 Stan Woloshyn Building 205 Diamond Ave Spruce Grove, AB 780.342.1370

Intake Services

Intake Services:	780.342.2701
Crisis Team:	780.407.1000

Additional Crisis Services within Alberta (24/7)

Health Link Alberta: 811 (Health Advice and/or to locate a family physician)

Mental Health Help Line: 1.877.303.2642
(toll free within Alberta)

Crisis Addiction Help Line: 1.866.332.2322
(toll free within Alberta)

Kids Help Phone: 1.800.668.6868 (toll free across Canada or chat www.kidshelpphone.ca) or text 686868



Children, Youth & Families Addiction and Mental Health- Edmonton Zone

Community Clinics & Crisis Services



General Information

Children, Youth & Families – Addiction and Mental Health provides a wide range of publicly-funded mental health services and support for children/ youth 5-17 years of age – and their families - residing within Edmonton and area (areas extending to central and northern Alberta).

Treatment services are generally provided by a multi-disciplinary team of health care providers. Our services are goal-focused. We aim to provide the right service at the right time for the right length.

Phone Numbers:

Crisis Team	780.407.1000
Northgate Clinic:	780.342.2700
Rutherford Clinic:	780.342.6850
Fort Saskatchewan Clinic:	780.342.2388
Leduc Clinic:	780.986.2660
Morinville Clinic:	780.342.2620
Sherwood Park Clinic:	780.342.3373
Spruce Grove Clinic:	780.342.1370
St. Albert Clinic:	780.342.1410

Intake Services

Intake Services: 780.342.2701
External Referral Form: Fax to 780.413.4728

Intake Services provide a single point of access to children's mental health services within the Edmonton zone. Anyone can refer:

- ✓ Parent or Youth
- ✓ Family Physician
- ✓ School Personnel
- ✓ Child and Family Services

When a referral is received, a telephone screening interview is conducted by an Addiction & Mental Health Therapist. Based on the information received and the availability of other community resources, a decision will be made regarding the appropriate service.

Youth Addiction Services

Youth Addiction Services Edmonton (YASE)
12325 140 Street, Edmonton, AB
780.422.7383

Rutherford Mental Health Clinic
#202, 11153 Ellerslie Road SW, Edmonton, AB
780.342.6850

Crisis Services

Crisis Services provides a range of services to families, professionals, and community partners to help support children, youth, and families in mental health crisis. *Crisis Services includes:*

Walk-In Service is available to children/youth aged 5-17, Monday to Friday 12:30 p.m. – 4:00 p.m. This service offers a 50-minute, solution-focused, single therapy session on a first-come, first-serve basis with a focus on exploring specific issues and possible solutions. Parent/Caregiver attendance is preferred to support the child/youth. Families can call ahead to determine wait times. There are two locations in Edmonton:

- **Northgate Mental Health Clinic:**
780.342.2700; #2020, 9499 137 Ave
- **Rutherford Mental Health Clinic:**
780.342.6850; #202, 11153 Ellerslie Rd SW

The **Crisis Team** offers immediate crisis support through the Crisis Line (780.407.1000) to children/ youth, aged 5-17, and their care providers. The Crisis Team also provides support to professionals in the community. Therapists will determine, together with caregivers, if additional services are required at the time of the crisis call. Available 7 days a week 8:00 a.m. – 11:30 p.m.

Emergency Department Resources:

- **Stollery Emergency Department** – Physicians have access to a team of mental health specialists for children/youth who have an emergency mental health concern.
- **Community Hospital Emergency Department** – Physicians will assess, determine a treatment plan, and consult as necessary for children/youth who have an emergency mental health concern.