

## ECSD JUNIOR HIGH SCHOOL BASKETBALL ZONE DEFENCE CLARIFICATION

Man-to-man defence is to be played during league play AND playoffs.

This means that half-court zone defence is NOT allowed.

Teams may employ a full court zone press, but once the press is broken, the defending team must return to man on man defence. This is implemented and enforced to teach the student athletes to play good fundamental defence. To aid in this effort, the following guidelines shall be enforced with regards to illegal defence:

- a) Defensive players are required to play one-on-one defense. Each defensive player must be responsible for guarding one offensive player. No specific distance is stated for the purpose of guarding an offensive player. If an offensive player moves from ball side to non-ball side, or vice versa, the defensive player must move to the same side of the floor as well.
- b) A defensive player may leave his/her player to help on/with another offensive player with the ball, either in the front or back court. If the offensive player who had the ball passes the ball to another offensive player, the defensive player must return to guard his/her offensive player.
- c) Two defensive players may not guard the same offensive player who is not in possession of the ball.
- d) At NO time can an offensive player be guarded by three defensive players.
- e) No team may employ defence (man or full court zone press) *in the back court* when they are leading by 20 points or more at anytime during the game. Once ahead by 20 points, the defence may only play man-to-man defence in the half court.

### PENALTY/RULING:

1st offense: The referee(s) will stop play and warn the Coach and the Player(s). *One warning will be given per guideline violation above.* Play will resume with a throw-in by the offensive team from the point where the play was interrupted.

Further offenses: A technical foul will be called against the defensive player which means one foul shot awarded followed by the ball coming back into play with a throw-in at the point of interruption ie. The point where the T-foul was called.

*Please note:* these rules apply for the ECSD Jr. High Basketball league; high schools &/or other Jr. High tournaments, as well as other leagues such as EYBA, may use different rules.