

Transitioning Students With Disabilities Out Of High School



EDMONTON
CATHOLIC
SCHOOLS

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<https://goo.gl/7EIFqa>

For Adults (18+)

This resource contains the following topics:

[Establishing Adult Services](#)

[Education Options](#)

[Post-Secondary](#)

[Life Skills Training](#)

[Housing Options](#)

[Adult Respite](#)

[Transportation](#)

[Employment Support and Development](#)

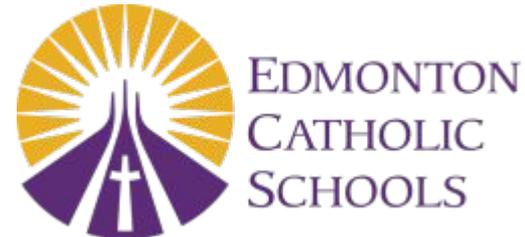
[Health](#)

[Recreation](#)

[Discussion/Support Group](#)

[General Resources](#)

[Advocacy](#)



Establishing Adult Services

PDD

AISH

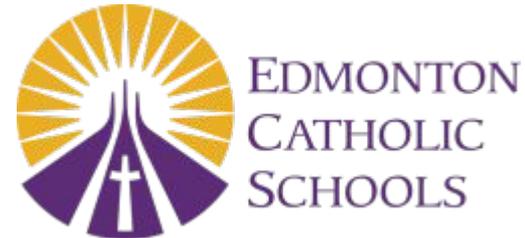
Guardianship

Trusteeship

Disability Tax Credit

Alberta Adult Health Benefit

Registered Disability Savings Plan

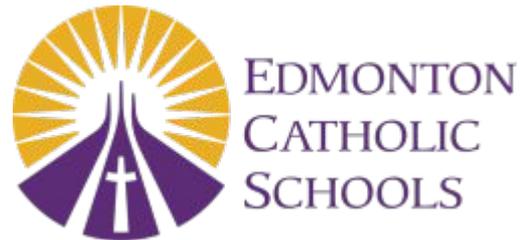


PDD

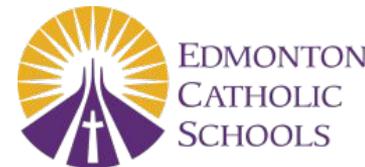
[PDD](#) (Persons With Developmental Disabilities) funds provide programs and services to people with disabilities to encourage them to be active members in their communities and provide them the opportunity to live independently. There are four kinds of staffing supports:

- Community living supports
- Employment supports
- Community access supports
- Specialized community supports

It is recommended to start this application process approximately 6 months before the person turns 18. [Click here](#) for PDD office contact information and locations.



PDD



Significant limitation in intellectual capacity

IQ test must be completed by a registered psychologist under the Health Professions Act (limited intellectual capacity is considered when IQ is 70 or below)

Determine when an applicant's intellectual capacity is so diminished that the individual is unable to complete a standardized intellectual assessment will use the following evidence:

Records of assessments and/or educational records completed by registered psychologists and/or physicians that demonstrate the individual meets two or more of the following:

- The individual falls within the severely/profoundly disabled range
- Has severe delays in all or most areas of development and adaptive behavior functioning
- Frequently has other associated disabilities including physical, sensory, medical, behavioral, and/or social
- Requires constant assistance and/or supervision in all areas of functioning including daily living skills and may require assistive technology.
- Has intellectual capacity limitations that preclude the individual from completing the IQ test reference above.

PDD

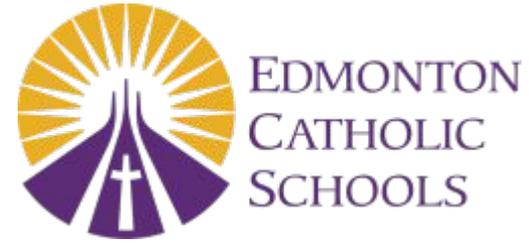
Eligibility is determined by:

Significant limitation in Adaptive skills

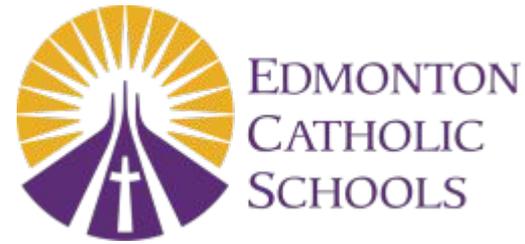
PDD adaptive Skills Inventory

The inventory will look at:

| | |
|-----------------------|---|
| Reading | Job Skills |
| Writing | Personal Finances |
| Personal Preferences | Mobility Skills |
| Personal Hygiene | Accessing Community |
| Toileting | Protecting Self |
| Dressing | Emergency Services |
| Food | Health and Safety Hazards |
| Preparation/storage | Obedying the Law |
| Eating | Coping Skills |
| Medication | Social Skills |
| Housekeeping | Communication |
| Public Transportation | |
| | 6 or more is considered Significant limitation |



AISH



[Assured Income for the Severely Handicapped](#)

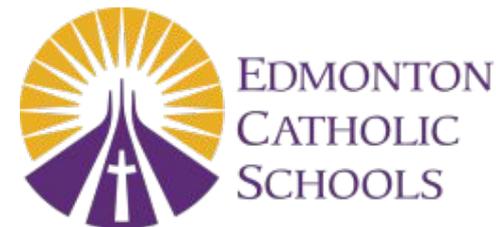
Eligibility based on:

- Severe handicap that is permanent and substantially limits your ability to earn a living.
- Income and assets must not exceed limits allowed by the program.
- Must not be residing in an institution (correctional centre or psychiatric hospital).
- Must apply for all other income benefits you are eligible for.
- Maximum living allowance of \$1588 (based on eligibility, some will receive less)
- Based on: Financial eligibility and medical eligibility
- Provides a variety of health benefits (prescription drugs, optical, dental)
- [Application](#) or call Alberta Supports Contact Centre 780-644-9992

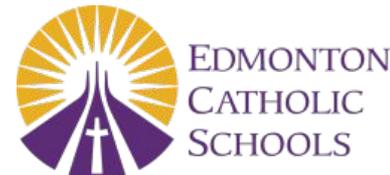
Guardianship

[Guardianship](#) is important for individuals who do not have the capacity to make their own personal decisions. The application can be started 12 months before the person turns 18. Capacity needs to be assessed by a qualified professional with specific capacity assessment training (physician, psychologist, or other health care professional). The public guardian has a roster of trained assessors. There are four principles to keep in mind with guardianship:

- The adult is presumed to have capacity and able to make decisions until the contrary is determined.
- The ability to communicate verbally is not a determination of capacity.
- The adult is entitled to communicate by any means that enable them to be understood.
- Focus on the autonomy of the adult with a less intrusive and less restrictive approach; and decision making that focuses on the best interests of the adult and how the adult would have made the decision if capable.



Guardianship



Ideally a family member or close friend will apply for guardianship; however in the event that there is no willing, suitable or able person, a public guardian can be appointed. For people who lack some capacity but with proper support are able to make decisions, a [Co-Decision Order](#) can be used. A co-decision order allows a person to make decisions using the support of a person with whom they have a close relationship with. It is an alternative to guardianship; however cannot be used with the public guardian and trustee office.

Shared decision making is a contract between a person and their support worker or family member to help manage certain kinds of responsibilities. No court is involved in this contract procedure.

If you have questions about whether guardianship is necessary, or the types of guardianship, consult with a social worker at [SAGE](#) (Seniors Association of Greater Edmonton) in the Guardian Program. Social workers are able to coach families in the guardianship process and application forms. Regular information meetings are held once a month. Contact Guardian Program for more information. SAGE is also able to advice on AISH application process (process needs to be started 6-8 months before person turns 18).

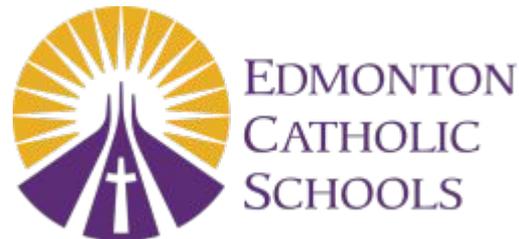
For more information [click here](#) for the Adult Guardianship and Trustee Act.

Trusteeship

Similarly to Guardianship, trusteeship is important for individuals who do not have the capacity to make decisions regarding their finances and anything including their estate. Application needs to be started up to a year prior to the person turning 18 years. A public trustee can be appointed if there is not suitable other who can make decisions based on the best interest of the person (i.e. Family member or friend).

[Click here](#) for important information about Trusteeship.

For more information [click here](#) for the Adult Guardianship and Trustee Act.



Disability Tax Credit



Eligibility is based on the following:

- Speaking
- Hearing
- Walking
- Elimination (bowel or bladder function)
- Feeding
- Dressing
- Performing the mental function necessary for everyday life
- The person is either markedly restricted or severe and prolonged physical and mental impairment (has been or is expected to last longer than 12 months).

Disability tax credit is a requirement to register for a disability savings plan. [Click here](#) for more information.

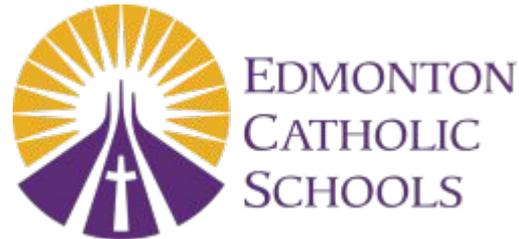
Alberta Adult Health Benefit

Supports low income Albertans to ensure that they have access to:

- Prescription drugs
- Dental services
- Optical services
- Emergency ambulance service
- Diabetic supplies

Cannot be used if health services are paid through other government programs.

If single, you may qualify if your income is under \$15,545 and if you have a spouse or children, this income bracket will be larger. [Click here](#) for more information.



Registered Disability Savings Plan

RDSP is a long-term savings plan to help Canadians with disabilities and their families save for the future.

You should consider opening an RDSP if you have a long-term disability and are:

- Eligible for the Disability Tax Credit;
- Under the age of 60
- A Canadian resident with a Social Insurance Number (SIN)
- Looking for a long-term savings plan

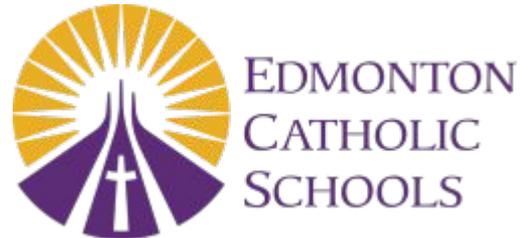
Education Options

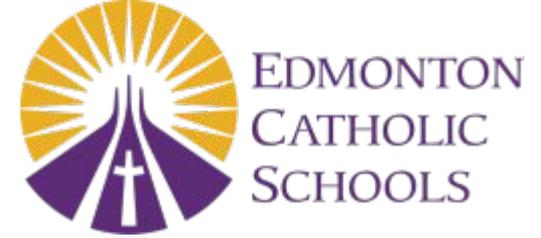
Post Secondary

Upgrading Options

Transitional Vocational Programs

Life Skills Training





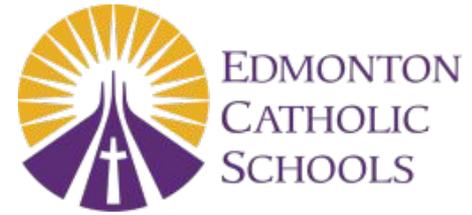
Post-Secondary

Disability Services at Post-Secondary Institutions can be useful in helping students develop a modified program. Students should contact Disability Services before beginning their application process. Arrangements can be made for necessary accommodations so students may be successful.

Families should be encouraging exploration of special interests and areas of strength for career possibilities. Work experience opportunities need to be cultivated in these areas. Family/friends should be encourage to become mentors in these special areas.

There are a variety of options for Post Secondary. Post secondary institutions have added services to accommodate special needs. [Click here](#) for more specific information.

Post Secondary Specialized Services



[Concordia University College of Alberta](#)

- Concordia is part of an inclusive post secondary educational initiative for adults with developmental disabilities.

[MacEwans' Services for Students with Disabilities](#)

- This program assists students in adapting curriculum, note taking, modifying assignments and exams to make the most of studying.

[NAIT's Learning Services](#)

- Contact the school 4-6 months before starting classes each year. Together with a disability advisor, appropriate services will be utilized based on need and documentation of disability.

[Norquest](#)

- List on application what kind of disability. School should be notified of disability and student should apply a minimum of 3 months prior to the start of the semester.

[University of Alberta](#)

- SSDS (Specialized Support and Disability Services) is offered through the student success centre for students needing accommodations.

[Kings University](#)

- Kings University is part of an inclusive post secondary educational initiative for adults with developmental disabilities.

[University of Alberta](#)

- On Campus is a PDD program for adults with developmental disabilities. **780-492-5988**

Post Secondary - Financial Resources

[Canada Student Grant for Students with Permanent Disabilities](#)

[Canada Study Grant for the Accommodation of Students with Permanent Disabilities](#)

[Alberta Grants for Disabled Individuals \(GFD\)](#)

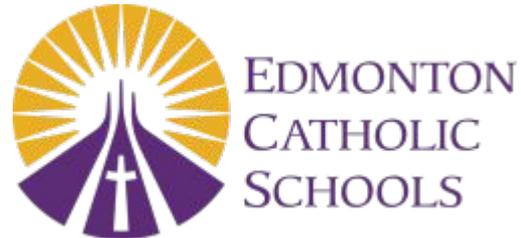
[Disability Awards](#) is a database with many scholarships and bursaries for students with disabilities.

[Student Awards](#) a general database of scholarships and bursaries.

[Scholarships Canada](#) is a Canadian database of scholarships and bursaries.

[Provincial Student Loans](#)

[Federal Student Loans](#)



Upgrading Options

[Cardinal Collins Academic Centre](#)

- 780-944-2002

[Alberta Distance Learning Centre](#)

- 780-452-4655

[Centre for Family Literacy](#)

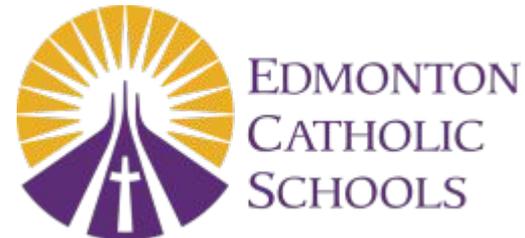
- 780-421-7323

[Chrysalis](#)

- 780-454-9656

[Project Adult Literacy](#) (PALS)

- 780-424-5514



Transitional Vocational Training

[Inclusion Alberta](#) - works with PDD and 18 post-secondary institutions across Alberta. **780-451-3055**

[Norquest](#) - Transition to Employment is a 10 month certificate program to prepare individuals with mild cognitive developmental delay or employment **780-644-6000**

[Olds College](#) - is an 11 month transitional vocational program which provides employment preparation and instructions in academics, independent living and work skills. **Toll free: 1-800-661-6537 ext. 8366**

[Red Deer College](#) - is a 10 month transitional vocational program that offers employment readiness and on the job training **1-888-732-4630**



Transitional Vocational Training Cont.

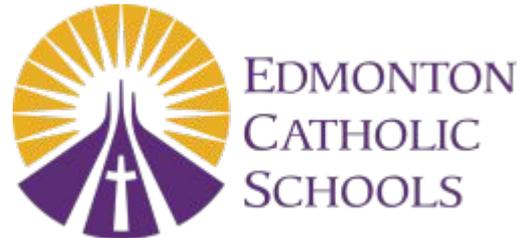
[Human Resources and Skills Development Canada \(HRDC\)/Service Canada](#)- has money available for businesses, organizations, public health and educational institutions, band and tribal councils, aboriginal organizations and municipal government to provide employment/skills training opportunities to individuals with special needs.

[MIRA Facilitation Centre](#) - 780-450-9414 ext. 208

This is funded through PDD. MIRA's objective is to work with individuals to promote independent experiences, a balanced and healthy quality of life, and community involvement (Educational, vocational, recreational, socialization, independence)

[Elves Special Needs Society](#)- 780-454-5310

Adult clients continue to learn across their lifespan. Everything is geared towards an individual's success in showcasing their abilities. There is adapted supports for complex medical needs, high-staff ratios, and onsite therapy and nursing staff ensure a safe place for learners to call their own.



Life Skills Training

Bissell Centre

- Life Management Skills Training
- 780-432-2285

Chrysalis

- Life Management Skills Course
- 780-454-9656

Cerebral Palsy Association of Alberta

- Youth Transitions Program (age 15-25)
- 780-477-8030

PLAN Edmonton

- A future where all people have authentic personal relationships, community involvement and a safe, meaningful life.
- 780-488-2422

MIRA Facilitation Center

- This is a PDD funded program
- 780-450-9414 ext. 208

Employabilities - Learn to Earn

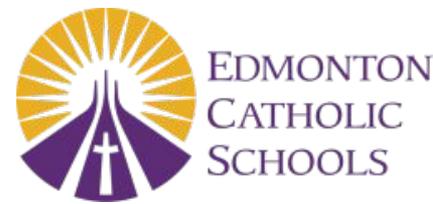
- Youth 15-30 with Barriers to Employment Program includes: 6 weeks classroom instruction and 8 weeks of work exposure.
- Step Up Program offers: employability skills training, individualized employment preparation, introduction to computers, employment placement and supports assistance, personal management skills
- 780-423-4106

SKILLS Society

- Supports are provided through PDD to an individual wherever they live, work or socialize in the community.

YMCA Edmonton: Youth Transitions Program

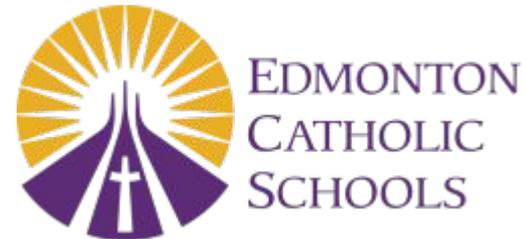
- YTP One-To-One Support (ages 13-19)
- 780-429-5725



Housing Options

Housing programs for PDD eligible clients are available. PDD workers should assist the family in planning for housing and programming for these young people.

Non-PDD eligible clients may have more difficulty finding housing that will support their individual needs. Mental Health Services may have some facilities that will suit but criteria can exclude some people from social housing.



Housing Resources

[Capital Region Housing Corporation \(CRHC\)](#)

- 780-420-6161

[Edmonton Inner City Housing Society](#)

- 780-423-1339

[Northern Alberta Cooperative Housing Society](#)

- 780-482-6128

[L'Arche](#)

- 780-465-8091

[Catholic Social Services](#)

- 780-432-1137

[Excel Resources Society](#)

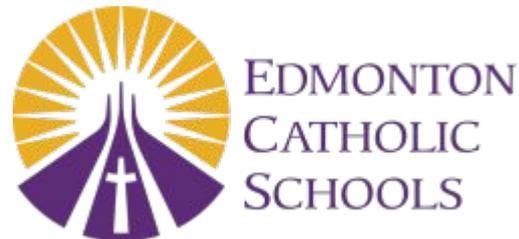
- 780-424-1137

[Good Samaritan Society](#)

- 780-431-3703

[Winnifred Stewart Association](#)

- 780-453-6707



Adult Respite

[Alberta Adaptabilites Association](#) - 780-431-8446

[Compassion Network](#) - for children and young adults when parents need to run errands, take a break or go to an appointment on a paid, hourly basis 780-432-1676

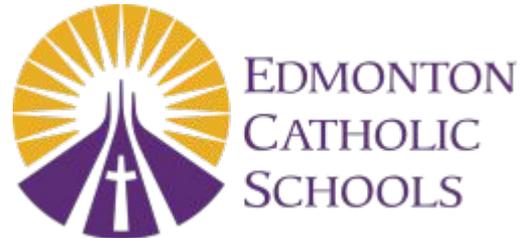
[Classic Lifecare](#) - hourly to live in 24 hour support 780-428-2750

[Nurse Next Door](#) - provides in home respite and/or personal care 1-877-588-8609

[Rehab and Retreat Adult Day Program](#) - OT and recreation therapy, social skills training client-centred care, goal-based activities, can be used as engaging adult respite care 780-758-2776

[Wild Rose Caregivers](#) - this non-franchised care company provides services from several hours a week, to full in or out of home care.

780-756-2700



Transportation

DATS: Disabled Adult Transit Service

780-496-4567

Driving Miss Daisy

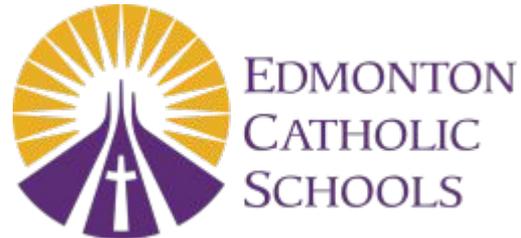
780-777-8813

Care For A Ride Inc

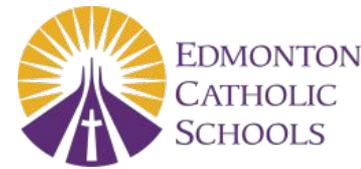
780-417-2222

Edmonton Taxi

780-462-3456



Employment Support and Development



[Alberta Works](#)

- This government based program helps unemployed and low-income Albertans meet their basic needs and find jobs.

[Workplace Accommodation](#)

- Tips from the ALIS website on types of accommodations in the workplace

[Disability Related Employment Supports \(DRES\)](#)

- 780-422-4266
- Government of Alberta program addressing the disability-related barriers to employment. Offers: Job search supports, workplace supports & educational supports.

[Gateway Association](#)

- 780-454-0701
- Builds meaningful, paid employment relationships that work for both employers and job seekers who live with intellectual disabilities. It is a part of the We Belong program.

[Chrysalis: An Alberta Society for Citizens with Disabilities](#)

- 780-454-9656
- Offers personalized services designed to meet the needs of individuals by providing meaningful opportunities for growth and community inclusion. Individuals can make employment, volunteer or recreational goals.

[DECSA](#)

- 780-454-2500
- Provides employment, education and skill-based training for all Albertans with barriers.

Employment Support and Development Cont.

[Arch Enterprises](#) - 780-438-4347

- Funded by PDD and offers a diverse range of community inclusive opportunities in three programs: community access, employment preparation and employment placement.

[Distinctive Employment Counseling Service of Alberta \(DECESA\)](#) - 780-474-2500

- Supports unemployed Albertans and helps AISH recipients with finding and keeping work.

[Goodwill Industries of Alberta](#) - 780-944-1414

- Is committed to providing individuals with disabilities the opportunity to enhance their lives through meaningful employment.

[On Site Placement Services](#) - 780-488-8122

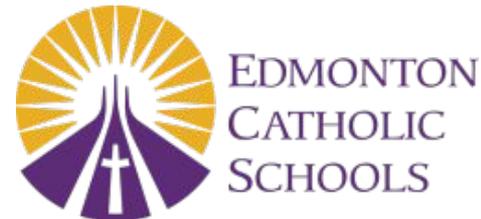
- Assists individuals develop skills for employment and offers many programs

[Oteenow Employment and Training Society](#) - 780-423-2340

- Dedicated to help First Nations & Inuit people

[Tralee Residential Services](#)

- Work experience, employment opportunities, volunteer placements (independent or supported), recreation opportunities, and leisure opportunities



Employment Support and Development Cont.

[Selections](#): A Career Support Service

- 780-461-5270
- Help people with disabilities find opportunities to contribute to our community in employment and volunteer settings.

[Winnifred Stewart Association](#)

- 780-453-6707
- Individuals with disabilities are supported to find meaningful and rewarding employment and/or volunteer positions.

[Prospect](#)

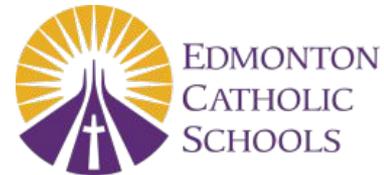
- 780-705-9677
- Is a not-for-profit organization which helps all sorts of people who are ready, willing and able to work and wants a fulfilling job. Help people who face barriers to find employment.

[Ready Willing & Able](#)

- 780-451-3055 ext, 414
- Helps find employment for people with disabilities or ASD that are ready, willing and able to go to work.

[McBride Career Group Inc.](#)

- 780-448-1380
- Offers flexible modules that can be directed address each individual's barrier to employment.



Health

Eye Care & Dental Care

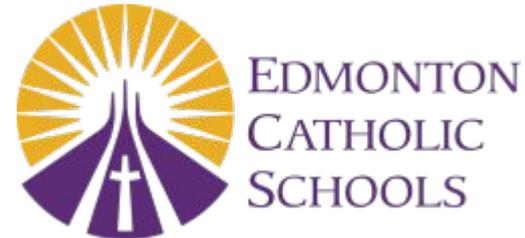
Autism Assistance Dogs

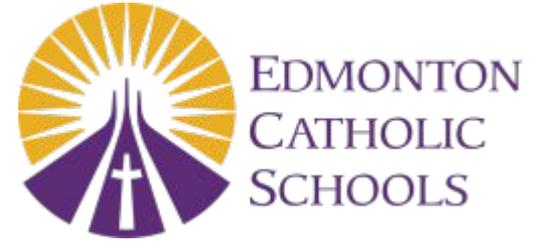
Private Speech/Language Pathology

Private Occupational Therapy

Walk in Counselling

Sensory Product Suppliers





Eye Care

To find an optometrist in your area, [click here](#).

For inexpensive frames and lenses here are a couple great websites to check out:
[Clearly Contacts](#) & [Zenni Optical](#)

Dental Care

To find a dentist in your area, [click here](#).

For profoundly affected adults, sedation dentistry is frequently necessary and general adult dentists may provide this. Ask before making an appointment.

Autism Assistance Dogs

[Dogs With Wings](#)

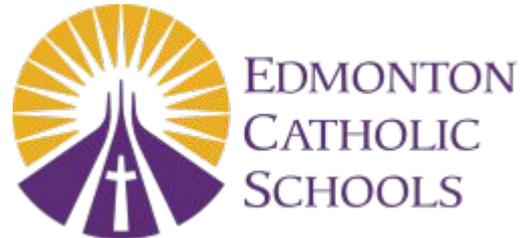
- 780-944-8011
- Does not have a specific age limit for qualifications

[Lions Foundation of Canada Dog Guides](#)

- 905 - 842-2891

[National Service Dogs](#)

- 519-623-4188



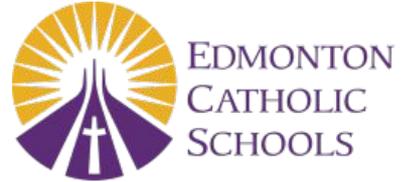
Private Speech & Language Pathologists

[Alberta Speech & Language Association of Private Practitioners](#)

- 780-988-2217
- Email: info@asapp.ca
- Phone individual clinics to request adult services

[Communication Success SLP Services Inc.](#)

- 780-795-9544
- Email: Patricia@communicatingsuccess.ca
- Focus: Autism, hearing impairment, complex needs, assistive technology communication, assessments, treatment consultation, family coaching and communication strategy development. Able to provide services for both individuals and groups, offering staff and family training workshops customized as required.



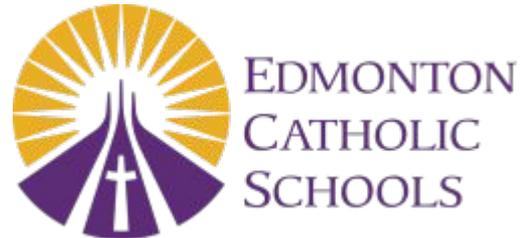
Private Occupational Therapy

[Society of Alberta Occupational Therapists](#)

- 780-628-3960
- info@saot.ca

[Alberta College of Occupational Therapists](#)

- 780-436-8381
- info@acot.ca



Counselling

[Momentum Walk-In Counselling](#)

-780-7757-0900

[The Support Network, Distress Line](#)

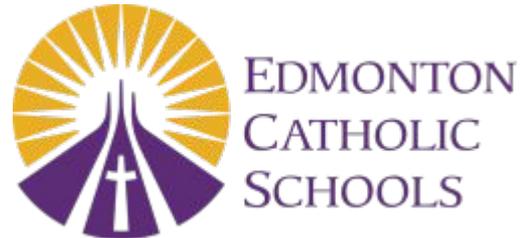
- 780-482-4357

[Catholic Social Services](#)

- 780-420-1970

[Northland Family Counselling](#)

- 780-431-1698



Sensory & OT Suppliers

LOCAL

[Tools for Kids](#)

- 780-455-1004

[Therapyware](#)

- 780-702-7215

[Innovaid](#)

- 780-467-7627

[Connecting Autism Parents, Edmonton](#)

NATIONAL

[Wintergreen Learning Materials](#)

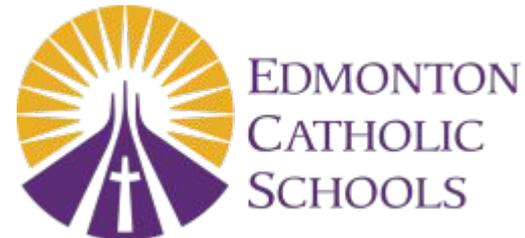
- 1-800-268-1268

[School Specialty: Special Needs](#)

- 1-866-519-2816

[FDMT: Sensory Tools and Solutions](#)

- 403-321-5500



Recreation

Inclusive Recreation Guide for People with Disabilities

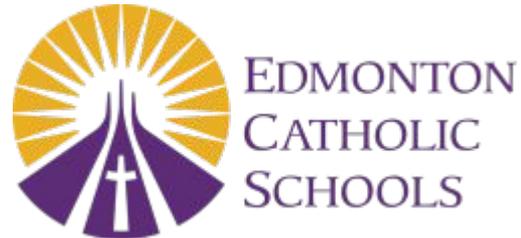
Sports Programs

Music Programs and Therapists

Activity Programs

Art Programs

Camp Programs



Sports Programs

[Community Services Department - City of Edmonton](#)

- Phone 311 or 780-496-4917
- recreationdisabilities@edmonton.ca

[Canadian Association for Disabled Skiing](#) -

Edmonton CADS

- 780-427-8104
- Aimed at instructing individuals with disabilities in the various adapted skiing techniques

[Capital City Gymnastics](#)

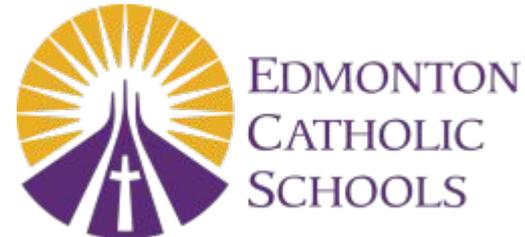
- 780-469-0662
- All ages and abilities

[Cerebral Palsy Association of Alberta](#)

- 780-477-8030
- Introductory Yoga for People with disabilities, non-competitive and supportive environment

[Centre for Autism Services Alberta](#)

- 780-488-6600 ext. 216
- Offers a wide range of programs and recreational activities for children and youth diagnosed with autism



Sports Programs Cont.

[Glenrose Rehabilitation Hospital](#)

- 780-735-7985
- [Therapeutic Swim](#)

[Little Bits Therapeutic Riding Association](#)

- 780-476-1233
- Age 5+ must be able to maintain sitting position; maximum weight is 165 lbs.

[Millwood Soccer Association](#)

- Soccability - disability -specific soccer, tailored for all skill levels

[Special Olympics Alberta](#)

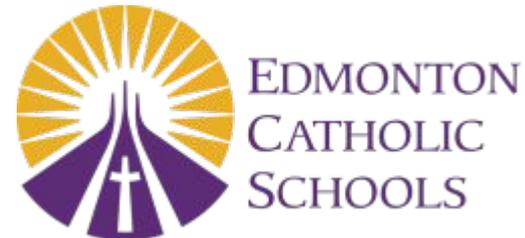
- 780-415-0719
- All ages and abilities of those with intellectual disability, to realize full athletic potential with training, coaching & competition to develop a healthy body and self-esteem.

[Special Olympics Edmonton](#)

- 780-448-1886
- Provides recreational and competitive opportunities for individuals with intellectual disabilities

[YMCA](#)

- 780-452-9622 (Don Weaton Family)
- Bridge to Fitness - adult based program supporting participants in getting started in regular fitness program



Sports Programs Cont.

Community Living Programs

- 780-342-7786
- Recreation and leisure opportunities for people with mental health concerns who would benefit from supportive leisure environments.

Challenge By Choice

- 780-342-7936
- A free wellness-oriented recovery focused programming for youth and adults (16-30yrs) who are living with a mental health concerns.

Londonderry Fitness & Leisure Centre

- 780-342-2736

Millwoods Recreation Centre

- 780-862-2537

Sports Check RAH

- 780-863-1184
- Free social recreation-based activities

Sports Check Glenrose

- 780-342-7765
- High-impact team sports at the Glenrose Rehabilitation Hospital Gym on Thur 6:30-8:30

Venture Out

- 780-342-5509
- Kinsmen Sport Centre - outdoor activities such as yoga, archery, fitness, walking, skiing, badminton and biking

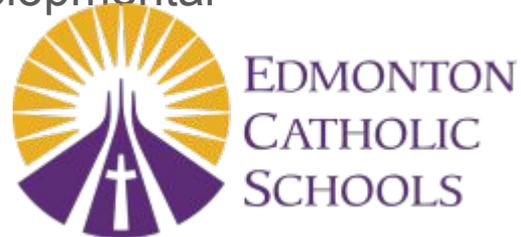
Sports Programs Cont.

Walking Club

- 780-342-7776
- 9942 108 St (South Entrance) all fitness levels welcome to join free, drop-in fitness walk

[Free2BMe](#)

- 780-492-7091
- At the Steadward Centre for Personal & Physical Achievement - Physical activity for kids and teens with physical, sensory, or developmental impairments.



Music Program and Therapists

[Cerebral Palsy Association of Alberta](#)

- 780-477-8030

[Choral Morphosis](#)

- 780-964-4860

[Music Therapy Association of Alberta](#)

- 780-459-6812

[Solful Music Therapy](#)

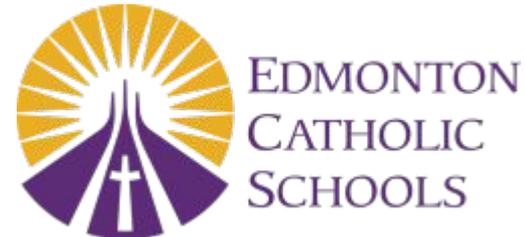
- 780-983-8950

[Sound Affects Music Therapy](#)

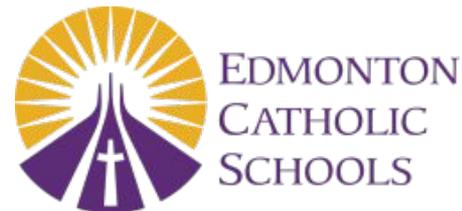
- 780-902-7268

[Sounds Awakening](#)

- 780-257-6428



Activity Programs Cont.



[A.C.T. Aquatic and Recreation Centre](#)

- Multi-sensory environment with bubble tub, fiber optic spaghetti lights, light panel, switches, etc.
\$2.10/half hour

[City of Edmonton SURF Programs](#)

- Social, Unique, Recreational, Fun
- For individuals with special needs who need special individual attention, a personal care attendant is required.

[Fort Edmonton Park](#)

- Programs accommodate special needs wherever possible.

[River Valley Programs](#)

- Inclusive programming for a variety of ages and abilities.

[John Walter Museum](#)

- Programs accommodate special needs whenever possible. Hands on history program.

[John Janzen Nature Centre](#)

- Programs, events and interactive exhibits

[McDaniel Youth Program](#)

- Provides mentorship supports to youth aged 14-19 yrs who are affected by FASD.

[Muttart Conservatory](#)

- Unique living collections of plants in various themed attractions

[Tralee Residential Services](#)

- Residential services

[Valley Zoo](#)

- Various exhibitions and programs

Activity Programs Cont.

[Alberta Abilities Lodges Society](#)

- Experience the outdoors more frequently

[Dreamcatcher Nature-Assisted Therapy](#)

[Association](#) (Ardrossan)

- Discover the true healing power of nature itself.

[Edmonton Epilepsy Association](#)

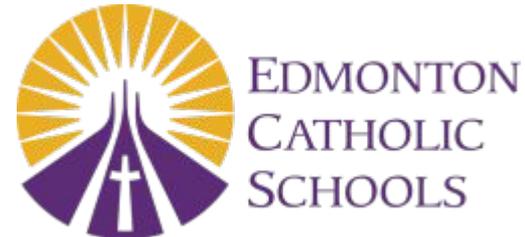
- Many free social/recreational programs available to those with epilepsy.

[Girl Guides of Canada](#)

- Email:
specialneeds@albertagirlguides.com

[Cerebral Palsy Association of Alberta](#)

- Art Expressions: have fun through new creative and sensory experiences
- Computability program: all ages program to provide the opportunity to learn a new skill regardless of skill level.
- Edmonton Friendship Group: recreational activities, informative guests, and social opportunities.
- CookAbilities: 4 week session to experience different recipes each week.



Activity Programs Cont.

[Art Gallery of Alberta](#)

- Art Express - special needs adults classes lead by professional artists

[Autism Society of Edmonton Area](#)

- Drama group for adults with ASD

[Cross Level Services and Supports Programs](#)

Drop-in day program offers a variety of programs including fitness, arts and crafts, cooking, music, discussion and community outings. Ages 18-65 with mental health or addiction concerns

[Community Linking Programs](#)

- Recreation and leisure opportunities for people with mental health concerns

[Edmonton Public Library](#)

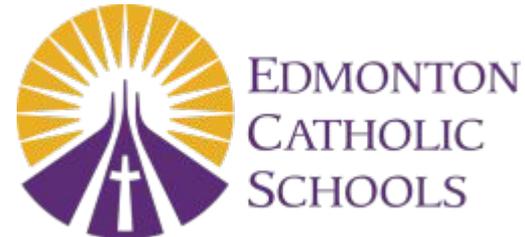
- Large print books, braille books, sign language video, eReaders, adaptive technologies, etc.

[Jurassic Forest and Learning Centre](#) (Gibbons)

- Seasonal attraction with over 40 animatronic dinosaurs

[Nina Haggerty Centre for the Arts](#)

- Creative, artistic expression by those who face developmental barriers



Camp Programs

[Camp Health Hope and Happiness](#) (Camp He Ho Ha)

- Summer camps for people with disabilities (6 -105 years)

[Bethel Bible Camp](#)

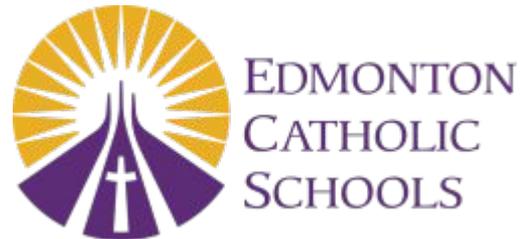
- Come As You Are (CAYA) for individuals with disabilities

[Rehoboth Christian Ministries Camp](#)

- Provides services for developmentally disabled children and adults

[Adaptabilities Summer Camp](#)

- Hearts in Action



Discussion/Support Group

Autism Edmonton

- The League of Extraordinary Individuals - a discussion and activity based group for young adults ages 18-24 with ASD.
- Adults with ASD - a discussion group for adults with ASD over the age of 25 to allow them to connect with others about challenges and successes.
- Parents of Adults with ASD - a discussion group that allows parents to discuss the challenges and rewards having adult children with ASD. It also discusses how to advocate for supports and programs to enrich their adult children's lives.

Edmonton Down Syndrome Society

- Provide opportunities for individuals born with DS and their families.

Fetal Alcohol Spectrum Disorder Support

- Includes support with: banking, budgeting, grocery shopping, problem solving, crisis intervention. Supports are provided to connect adults to community agencies such as: AISH, income support, PDD, Housing Programs, FASD Assessment and Employment Programs.
- Has monthly parent support group and monthly education morning.

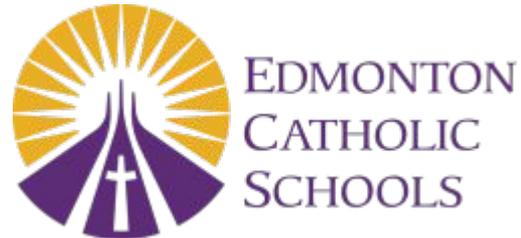
Discussion/Support Group

[Learning Disabilities Association of Alberta](#) - Edmonton Chapter

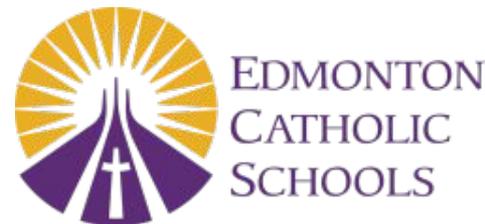
- Provides support and advocacy for individuals living with learning disabilities and ADHD.

[Tourette Canada](#) - Edmonton Chapter

- Has support groups for individuals and parents of children with TS.



General Resources



[Accessibility Advisory Committee](#)

- Provide referrals to various organizations and keep City departments and Council informed of issues affecting people with disabilities in Edmonton.

[Association of Community Services \(ALIGN\)](#) - 780-428-3660

- Relentless Connector who partner with family and help navigate government and community systems.

[Catholic Social Services](#)

- 780-432-1137

[Gateway Association](#) - 780-454-0701

- For families with intellectual disabilities. Crisis support, resource library, public awareness presentations, transitional planning for adults, guardianship, advocacy, various workshops and mentorship.

[Wild Rose Caregivers Ltd.](#) - 780-756-2700

- A home care company, dedicated to care for elderly and persons with disabilities by providing assistance with daily living tasks. They offer several hours a week, to full in-home care.

[Winnifred Stewart Association](#) - 780-453-6707

- Is dedicated to connecting individuals and their communities. They empower people to attain their dreams. Services include Community Pathways, Day Services and Residential Services.

Advocacy

[Gateway Association](#)

- 780-454-0701

[Inclusion Alberta](#)

- 780-451-3055

[Edmonton Regional Learning Consortium \(ERLC\)](#)

- 780-444-2497 ext 290

[Multicultural Health Brokers Co-operative Ltd.](#)

- 780-423-1973

[Alberta Human Rights Commission](#)

- Duty to accommodate

