

Most Valuable Athlete

	Male Winners	Female Winners (Mary Lynn Stewart Memorial Trophy)
1976-77		
1977-78		Carleen Brenneis
1978-79		Jean Budshun
1979-80		Corinne Skrobot
1980-81		Cathy Hac Arthuer
1981-82		Kathrine Kossman
1982-83		Patrica Campbell
1983-84		
1984-85		Kelly Acheson
1985-86	Darrell Cleave/ Mark Taillefer	Andrea Matishaik/ Colleen O'Brian
1986-87	Bradley Zapasocky	Tanya Orr/ Laura Heslip
1987-88	Brain Hartford	Shaunna MacArthur
1988-89	Christopher Chuck Kelly Gibbon	Maria Filan
1989-90	Michael Acheson	Julianne Isaac
1990-91	Chris Chuck/ Johnathan Mayne	Tara Maria Koehler
1991-92	Chris Hubick	Natasha Gonek/ Rene Resler
1992-93	Noel Phillips	Natasha Gonek/ Rene Resler
1993-94	Jason Hubick	Karen Krull
1994-95	Jason Hubick	Jessica Shewchuck

1995-96	Matthew Rowan/ Noel Guercio	Karen Schmidt
1996-97	Mike Diesing	Tara Deeks
1997-98	Mike Diesing	Tara Deeks
1998-99	Kurt Schiendorfer	Jolene Shewchuck
1999-00	Josh Schofield	Kim McKay
2000-01	Cale McLean	Angela Chen
2001-02	Cale McLean	Angela Chen
2002-03	Tony Lange	Denise Boye-Owusu
2003-04	Johnathan Verhesen	Ashley Patterson
2004-05	Tyson Brochu	Ashley Patterson
2005-06	Brennan Mahon	Jill Verhesen
2006-07	Sahr Saffa	Shauna Verhesen
2007-08	Sahr Saffa	Caroline Bereznicki
2008-09	Marc Daigle	Amanda Marple
2009-10	Andrew Brotto	Cassidy Galan
2010-11	Mark Ryan/ Andrew Brotto	Emily Frost/ Meaghan MacKenzie
2011-12	Logan Edgelow	Tessa Lewis
2012-13	Lucas Warwaruk	Alexandra Sadurski
2013-14	Greg Sprenger	Kaitlyn Frost
2014-15	Daniel Zmyslowski/ Daniel Halbauer	Madison McGee
2015-16	Rory Frost	Kaitlyn Hogan/ Brooke Riesterer
2016-17	Benett Assman	Abby Bruyer
2017-18	Liam Frost	Maria Baclig