



Golf Academy

Please feel free to contact Kevin Mazur if you have any questions about the Academy or if you would like to secure a spot for the upcoming year!

Academy Coordinator
Kevin Mazur
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ST.BRENDAN GOLF ACADEMY

2017-2018 Information Brochure



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Fall and Winter Schedule

Students will take transportation to the golf facility on Friday mornings where they will spend time honing their golf skills. Approximately 30 Fridays throughout the school year.

Spring Schedule

Once the courses are open we hit the outdoor driving range, putting greens and get out for a few rounds of golf in and around the Edmonton area.

May/June Schedule

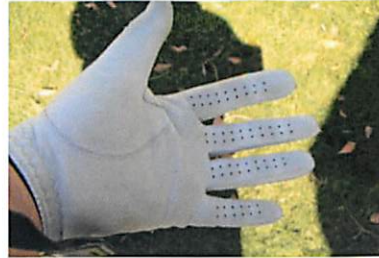
A mountain golf trip is scheduled where students in the academy get to use their skills at some of the most scenic golf courses in the Rocky Mountains including Jasper, Canmore and Banff areas!



Golf Education

Students will learn about all of these different areas of the game of golf while attending the St. Brendan Golf Academy:

- Grip
- Posture
- Proper Set up
- Balance in the Swing
- Comprehensive Full Swing Work
- Chipping
- Pitching
- Putting
- Bunker Shots
- Trouble Shots
- Rules & Etiquette
- Mental Approach to the Game
- Golf Course Knowledge
- Physical Conditioning for Golfers
- Yoga for Golfers / Understanding the Importance or Rotational Flexibility



Academy Background

The St. Brendan Golf Academy started several years ago at St. Kevin Junior High school and continues as a tuition-based program for students wishing to learn more about the great game of golf.

Location of Instruction

Students in the Academy attend the Blair Oko Golf Academy each week to learn about the different aspects of the game of golf.



C.P.G.A. professional Blair Oko leads the hands-on instruction at his facility next to the William Lutsky Y.M.C.A. on the southside of Edmonton.