

LOUIS ST. LAURENT HIGH SCHOOL ATHLETES

CITY CHAMPIONS/Provincial Qualifiers

1972-73	Cheerleading	Provincial Champions
1972-73	Badminton	2nd Place Provincials
	Girls Doubles Category "C" (Debbie Dersch and Joann Pethybridge)	
1973-74	Jr. Boys Football	City Champions
1974-75	Sr. Boys Football	City Champions
19974-75	Badminton	Provincial Champion
	Girls Singles Category "A" (Tracy Van Wassenhove)	
1978-79	Sr. Boys Football	City Champions
1978-79	Badminton	Provincial Champion
	Girls Category 1 – Junior Gold Winner (Noreen Humble)	
	Boys Team 4A Gold Winner	
1979-80	Sr. Boys Hockey	City Champions
1981-82	Sr. Boys Curling	City Champions
1981-82	Sr. Girls Soccer	City Champions
1982-83	Sr. Boys Basketball	City Champions
	3A Provincial Champions Gold Winner	
	(Gary DeMan Trophy)	
1982-83	Sr. Girls Soccer	City Champions
1983-84	Jr. Boys Basketball	City Champions
1983-84	Girls Track & Field	Provincial Champion
	(Karen Brosseau)	800m

1996-97	Sr. Boys Volleyball	Premier City Champions
1997-98	Sr. Girls Volleyball	Premier City Champions
1997-98	Jr. Boys Volleyball	Premier City Champions
1997-98	Sr. Boys Volleyball	4A Provincial Champions Gold Winner (Routledge Trophy)
1997-98	Sr. Girls Basketball	3A Girls Sportsmanship (Ira Bourne Trophy)
1997-98	Sr. Boys Soccer	City Champions
1998-99	Sr. Boys Volleyball	Premier City Champions
1998-99	Sr. Boys Basketball	3A Provincial Champions Gold Winner (Gary Deman Trophy)
1999-00	Sr. Girls Soccer	City Champions
2001-02	Jr. Girls Basketball	Premier City Champions
2001-02	Sr. Boys Basketball	3A Boys Basketball Silver Winner Finalist Provincials (Harry Hohol)
2002-03	Golf	3A/4A Girls Golf City Champions Provincial Champion (Seolin Nam) (Malcolm Hughes Trophy)
2002-2003	Sr. Girls Basketball	3A Provincial Champions Gold Winner (Miriam Farrington Trophy)
2002-03	Sr. Boys Basketball	City Champions
2003-04	Jr. Girls Volleyball	Premier City Champions
2003-04	Sr. Girls Basketball	Premier City Champions

2003-04 Golf 3A/4A Girls Golf City Champions

Provincial Champion (Seolin Nam)

(Malcolm Hughes Trophy)

2003-04 Track and Field Provincial Champion (Ashley Patterson)

200m, 4 X 400m Relay, Triple Jump

2004-05 Golf 3A/4A Girls Golf City Champions

Provincial Champion (Seolin Nam)

(Malcolm Hughes Trophy)

2004-05 Sr. Boys Volleyball 3A Boys Provincial Sportsmanship

(Al Lutz Trophy)

2004-05 Sr. Girls Basketball 3A Girls Provincial Sportsmanship

(Ira Bourne Trophy)

2004-05 Sr. Boys Volleyball City Champions

2005-06 Sr. Boys Volleyball 2nd Place 3A Provincials

2005-06 Sr. Boys Soccer City Champions

2005-06 Sr. Boys Basketball 3A Boys Basketball Consolation

2005-06 Badminton Provincials

Int. Boys Badminton Singles Cat 1

Bronze Winner (Nick Kostiuk)

2005-06 Swimming City Champions

(Glenna Young) 100m Fly

(Megan Young) 400m Fly

(Lauren Ruhl) 200m Free

(Nicole Norrie) 200m Medley

(Glenna Young, Megan Young, Lauren Ruhl, Nicole Norrie) 200m/400m Relay

2006-07	Sr. Girls Soccer	City Champions	
2006-07	Sr. Boys Basketball	3 rd Place 3A Provincials	
2006-07	Jr. Boys Track & Field	City Champion	
		(Kevin Blimke)	100m
2006-07	Int. Boys Track & Field	City Champion	
		(Sahr Saffa)	Triple Jump
2006-07	Sr. Boys Track & Field	City Champion	
		(Michael Nishiyama)	800m
2006-07	Swimming	City Champions	
		(Nicole Norrie)	
		100m Breast Open, 200m IM Open	
		(Elizabeth Otto)	
		50 Backstroke Novice, 100m Free Novice	
		(Lauren Ryan)	
		100m Back Novice	
		(Bobbie Melnichuk)	
		200m Free Open, 200m Medley Relay-Open	
		200m Free Relay-Open	
2006-07	Sr. Boys Basketball	3A boys Basketball	3 rd Place
2007-08	Golf	3A/4A Girls Golf	City Champions
		(Kaitlin Allan)	
2007-08	Sr. Boys Track & Field	City Champion	
		(Sahr Saffa)	100m
2007-08	Int. Boys Track & Field	City Champion	
		(Kevin Blimke)	100m, 200m

2007-08	Int. Girls cross country	4000m 3 rd (18:32 time) (Laura Estey)
2007-08	Int. Boys cross country	5000m 9 th (20:32 time) (Adam Ward)
2008-09	Sr. Girls cross country	5000m 1 st (16:36 time) (Laura Estey)
2009-10	Badminton	Edmonton ZONE/City Champion
	Jr. Boys Single (Cat. 1)	2 nd Place Provincials (Connor Reinson)
2009-10	Jr. Girls cross country	3000m 7 th (13:01 time) (Taylor Carlin)
2010-11	Jr. Boys cross country	4000m 5 th (15:17 time) (Tanner Onciul)
2010-11	Sr. Boys Volleyball	Premier City Champions
2010-11	Sr. Boys Volleyball	Metro 3A Zone Champions
2010-11	Sr. Boys Volleyball	4 th Place 3A Provincials
2010-11	Jr. Boys Volleyball	City Conference City Champions
2010-11	Sr. Girls Basketball	City Conference City Champions
2011-12	Sr. Girls Volleyball	City Conference City Champions
2011-12	Jr. Girls Volleyball	City Conference City Champions
2011-12	Sr. Girls cross country	5000m 2 nd (17:23 time) (Taylor Carlin)
2012-13	Sr. Boys Volleyball	2 nd place 3A Provincials

2012-13	Sr. Boys cross country	6000m 10 th (21:56 time) (Tanner Onciul)
2013-14	Jr. Girls cross country	3000m 4th (11:41 time) (Madison Marquez-Striker)
2013-14	Sr. Boys Volleyball	Metro 3A Zone Champions
2013-14	Sr. Boys Volleyball	3A Provincial Champions Gold Winner (John Takashashi Trophy)
2015-16	Sr. Boys Volleyball	Div II City Champions
2015-16	Sr. Boys Volleyball	Coach of the Year (Jaret Peel)
2015-16	Sr. Boys Volleyball	4 th Place 3A Provincials
2016-17	Track and Field	2 nd Place City/Zone Championship (Andrew Weinkauf) – Jr. Boys 800 M 3 rd Place City/Zone Championship (Luis Kojois) – Open Pentathlon
2017-2018	Sr. Boys Volleyball	Sportsmanship Pin 3A Provincials (Mark Ryan – Coach)
2018-19	Sr. Boys Volleyball	Metro 3A Zone Champions
2018-19	Sr. Boys Volleyball	Coach of the Year (Jaret Peel)