

WEEKLY NEWS

Crystal Jones | Principal | St. Paul Catholic Elementary School

Calendar

Monday 18

No School

Faith Development Day

Tuesday 19

Picture Retakes

Wednesday 20

Thursday 21

Early Dismissal @ 11:57 am

Friday 22

Healthy Hunger - Edo



Principal Message

Thank you to all of the families that donated items for the Family Resource Network - Jasper Place Centre. The Program Director was overwhelmed with our generosity and support for the families accessing this service at this time in our local community.

A gentle reminder for everyone to complete the Daily Health Checklist prior to coming to school if your child is feeling ill. I have enclosed a copy for your records. Our Grade 4 class has pivoted to online learning and we look forward





to welcoming them back on Monday, October 25, 2021. Please rest assured that we continue to have best practices in place regarding the mitigation of COVID-19 in our school community.

Please note, on Monday October 18, there is **No School** for students. All staff will come together as a faith community and take part in reflection and learning as we continue to live and permeate our Catholic Faith in all that we do.

Many blessings for a beautiful weekend,
Mrs. Jones

Reading Stars Program

We have had a great response to our Reading Stars program! Many students have already started to bring in strips and enter the draw for the month of October! Parents please see the link below for an amazing article on “Ways Parents Can Help Their Children Read” - Timothy Shanahan offers great and easy tips for supporting all readers! Happy Reading!

<https://www.readingrockets.org/blogs/shanahan-literacy/11-ways-parents-can-help-their-children-read>

Picture Retakes

Tuesday October 19, 2021! Say Cheese!

Understanding Assessment

In the past, assessment had been used solely for the purpose of calculating overall final grades. Twenty years of education research has resulted in the knowledge that it can be used to improve student learning as well. Parents play an important role in their child's education; when parents, students and educators work together, students are successful!

Log in to the PowerSchool Parent Portal to access your child's report card. Below is the link to our Parent Guide to Assessment & Reporting. Please reach out to your child's teacher if you have any questions.

[Parent Guide to Assessment & Reporting](#)

Halloween Expectations

We will be celebrating Halloween with classroom parties on **Friday, October 29**. The following guidelines provided by ECSD will be in place:

- ◆ Masks must still be worn with costumes.
- ◆ Full face masks are not allowed.
- ◆ No replicated weapons are allowed.
- ◆ Costumes must allow for sanitizing and washing of hands, therefore no hand coverings.
- ◆ No sharing of candy among students, please do not send candy for students to distribute to classmates.
- ◆ If teachers are handing out treats, all treats must be individually packaged and handed out by the teacher.
- ◆ Students will bring individual treats/ snacks from home for classroom party as communicated by their classroom teacher.

Please watch for additional information as we get closer to the date!

COVID-19 INFORMATION

COVID-19 ALBERTA HEALTH DAILY CHECKLIST (FOR ADULTS 18 YEARS AND OLDER)

Overview

This tool’s purpose is to support Albertans in protecting others and reducing the risk of transmission of COVID-19. Adults 18 years and older can complete this checklist every day to self-monitor for symptoms of COVID-19.

If you have traveled outside Canada in the last 14 days, follow the [Government of Canada Travel, Testing, Quarantine and Borders](#) instructions, including any requirements for exempt travelers related to attending high-risk environments.

If within the last 10 days, you have been notified by Public Health that you are a case¹ of COVID-19, you are required to isolate as per Public Health instructions.

Screening Questions for Adults 18 Years and Older:

| | | | |
|--|--|-----|----|
| 1. | <p>Have you been a household contact of a case¹ of COVID-19 in the last 14 days?</p> <p><i>A household contact: a person who lives in the same residence as the case OR who has been in frequent, long-duration, close-range interaction with a case of COVID-19. For example, someone who is a caregiver or an intimate or sexual partner of a COVID-19 case.</i></p> | YES | NO |
| <p>If you answered “YES” AND you are NOT fully immunized²:</p> <ul style="list-style-type: none"> You should stay home for 14 days from the last day of exposure and monitor for symptoms. If you have symptoms, proceed to question 2. <p>If you answered “NO” to question 1, proceed to question 2</p> | | | |

¹ A lab-confirmed case OR a probable case as defined in the [Alberta COVID-19 Notifiable Disease Guideline](#)

² A person who has received the complete vaccine series for COVID-19 and it has been 14 days after the second dose in a two dose series



| | | | |
|---|--|-----|----|
| 2. | Do you have any new onset (or worsening) of the following symptoms: | | |
| | • Fever | YES | NO |
| | • Cough | YES | NO |
| | • Shortness of breath | YES | NO |
| | • Runny nose | YES | NO |
| | • Sore throat | YES | NO |
| | • Chills | YES | NO |
| | • Painful swallowing | YES | NO |
| | • Nasal congestion | YES | NO |
| | • Feeling unwell / fatigued | YES | NO |
| | • Nausea / vomiting / diarrhea | YES | NO |
| | • Unexplained loss of appetite | YES | NO |
| | • Loss of sense of taste or smell | YES | NO |
| | • Muscle / joint aches | YES | NO |
| | • Headache | YES | NO |
| • Conjunctivitis (commonly known as pink eye) | YES | NO | |
| <p>If you answered “YES” to any symptom:</p> <ul style="list-style-type: none"> • Stay home. • Use the AHS Online Assessment Tool or call Health Link 811 to arrange for testing and to receive additional information on isolation. <p>If you have fever, cough, shortness of breath, runny nose, sore throat or loss of sense of taste or smell you are required to isolate for 10 days as per the current CMOH Order OR receive a negative COVID-19 test and feel better before returning to activities</p> <p>If you answered “NO”:</p> <ul style="list-style-type: none"> • You may attend work, school, and/or other activities. | | | |

COVID-19 INFORMATION

COVID-19 ALBERTA HEALTH DAILY CHECKLIST (FOR CHILDREN UNDER 18)

Overview

This checklist applies for all children, as well as all students who attend kindergarten through Grade 12, including high school students over 18. Children should be screened every day by completing this checklist before going to school, childcare or other activities. Children may need a parent or guardian to assist them to complete this screening tool.

If your child has traveled outside Canada in the last 14 days, follow the [Government of Canada Travel, Testing, Quarantine and Borders](#) instructions, including any requirements for exempt travelers related to attending high-risk environments.

If within the last 10 days, your child has been notified by Public Health that they are a case³ of COVID-19, they are required to isolate as per Public Health instructions.

Screening Questions for Children under 18:

| | | | |
|---|--|-----|----|
| 1. | Has your child been a household contact of a case² of COVID-19 in the last 14 days? <i>A household contact: a person who lives in the same residence as the case OR who has been in frequent, long-duration, close-range interaction with a case of COVID-19. For example, siblings, someone who slept over, or someone who provided direct physical care to the child.</i> | YES | NO |
| If the answer is “YES” AND they are NOT fully immunized⁴: <ul style="list-style-type: none">Child should stay home and NOT attend school, childcare and/or other activities for 14 days from the last day of exposure and monitor for symptoms. If your child has symptoms, proceed to question 2. | | | |
| If the answer is “NO” to question 1, proceed to question 2 | | | |
| 2. | Does the child have any new onset (or worsening) of the following core symptoms: | | |
| | Fever Temperature of 38 degrees Celsius or higher | YES | NO |
| | Cough Continuous, more than usual, not related to other known causes or conditions such as asthma | YES | NO |
| | Shortness of breath Continuous, unable to breathe deeply, not related to other known causes or conditions such as asthma | YES | NO |
| | Loss of sense of smell or taste Not related to other known causes or conditions like allergies or neurological disorders | YES | NO |
| If the answer is “YES” to any symptom in question 2: <ul style="list-style-type: none">The child is required to isolate for 10 days from onset of symptoms as per the current CMOH Order OR receive a negative COVID-19 test and feel better before returning to activities.Use the AHS Online Assessment Tool or call Health Link 811 to arrange for testing and to receive additional information on isolation. | | | |
| If the answer is “NO” to all of the symptoms in question 2, proceed to question 3. | | | |

³ A lab-confirmed case OR a probable case as defined in the [Alberta COVID-19 Notifiable Disease Guideline](#)

⁴ A person who has received the complete vaccine series for COVID-19 and it has been 14 days after the second dose in a two dose series

| | | | |
|----|--|-----|----|
| 3. | Does the child have any new onset (or worsening) of the following other symptoms: | | |
| | Chills Without fever, not related to being outside in cold weather | YES | NO |
| | Sore throat/painful swallowing Not related to other known causes/conditions, such as seasonal allergies or reflux | YES | NO |
| | Runny nose/congestion Not related to other known causes/conditions, such as seasonal allergies or being outside in cold weather | YES | NO |
| | Feeling unwell/fatigued Lack of energy, poor feeding in infants, not related to other known causes or conditions, such as depression, insomnia, thyroid dysfunction or sudden injury | YES | NO |
| | Nausea, vomiting and/or diarrhea Not related to other known causes/conditions, such as anxiety, medication or irritable bowel syndrome | YES | NO |
| | Unexplained loss of appetite Not related to other known causes/conditions, such as anxiety or medication | YES | NO |
| | Muscle/joint aches Not related to other known causes/conditions, such as arthritis or injury | YES | NO |
| | Headache Not related to other known causes/conditions, such as tension-type headaches or chronic migraines | YES | NO |
| | Conjunctivitis (commonly known as pink eye) | YES | NO |

If the answer is “YES” to ONE symptom in question 3:

- Keep your child home and monitor for 24 hours.
- If their symptom is **improving** after 24 hours, they can return to school and activities when they feel well enough to go. Testing is not necessary.
- If the symptom **does not improve or worsens** after 24 hours (or if additional symptoms emerge), use the [AHS Online Assessment Tool](#) or call Health Link 811 to check if testing is recommended.

If the answer is “YES” to TWO OR MORE symptoms in question 3:

- Keep your child home.
- Use the [AHS Online Assessment Tool](#) or call Health Link 811 to determine if testing is recommended.
- Your child can return to school and activities once their symptoms go away as long as it has been at least 24 hours since their symptoms started.

If the answer is “NO” to all questions:

- Your child may attend school, childcare and/or other activities.

Please note: If your child is experiencing any symptoms from the lists above, do not bring them to visit a continuing care or acute care facility for 10 days from when symptoms started or until symptoms resolve (whichever is longer), unless they receive a negative COVID-19 test result and feel better.