



HEALTH SERVICES FOUNDATIONS

HSS1010

1 Credit Course

| Course Overview | Students examine fundamental attitudes, knowledge and skills to prepare for further study in career pathways in health, recreation and community services. Concepts related to the determinants of health, the dimensions of wellness, basic principles of anatomy, physiology and disease, and basic safety and reporting protocols for providing care to individuals in health, recreation, volunteer and community support settings are reviewed. | | | | | | | | | | | | |
|---|--|----------------|-------|---|------------------------------|---|-----------------------------------|---|--------------------------|---|------------------------|---|----------------------|
| Prerequisite | <i>Please refer to Alberta Education's Provincially Authorized Senior High School Courses and Course Codes Document</i> | | | | | | | | | | | | |
| Required Materials & Resources | <ul style="list-style-type: none"> One Module and One Assignment Book | | | | | | | | | | | | |
| Learning Outcomes | <p>The student will:</p> <ul style="list-style-type: none"> A. evaluate the determinants of good health in Canadian society B. evaluate the dimensions of wellness and factors affecting personal wellness C. perform effective and appropriate hand-washing techniques D. apply basic principles of movement that contribute to health and wellness E. explain basic principles of anatomy, physiology and disease related to systems of the human body F. describe basic legal obligations of people providing services in health care, community support, volunteer and recreation settings through examples G. demonstrate basic competencies H. make personal connections to the cluster content and processes to inform possible pathway choices | | | | | | | | | | | | |
| Note | <i>Within Alternative Education all teachers are required to follow a common course outline and gradebook set up.</i> | | | | | | | | | | | | |
| Assessment | <p>The student's grade is determined by the knowledge the student has acquired based on the program of studies and the skills the student is able to show in articulating his or her knowledge.</p> <p>The student's grade will be calculated based on the following:</p> <p>Coursework – 100%</p> <p><i>*There is no final exam for this course</i></p> | | | | | | | | | | | | |
| Topics of Study | <p>The student's grade is determined by the knowledge the students has acquired based on the program of studies and the skills the student is able to show in articulating his or her knowledge.</p> <table border="1" style="margin-left: auto; margin-right: auto;"> <thead> <tr> <th style="text-align: center;">UNITS OF STUDY</th> <th style="text-align: center;">TITLE</th> </tr> </thead> <tbody> <tr> <td style="text-align: center;">1</td> <td style="text-align: center;"><i>Health & Wellness</i></td> </tr> <tr> <td style="text-align: center;">2</td> <td style="text-align: center;"><i>Health & Wellness Plan</i></td> </tr> <tr> <td style="text-align: center;">3</td> <td style="text-align: center;"><i>Nutrition Choices</i></td> </tr> <tr> <td style="text-align: center;">4</td> <td style="text-align: center;"><i>Confidentiality</i></td> </tr> <tr> <td style="text-align: center;">5</td> <td style="text-align: center;"><i>Career Search</i></td> </tr> </tbody> </table> | UNITS OF STUDY | TITLE | 1 | <i>Health & Wellness</i> | 2 | <i>Health & Wellness Plan</i> | 3 | <i>Nutrition Choices</i> | 4 | <i>Confidentiality</i> | 5 | <i>Career Search</i> |
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| An Important Note About Assessment | A wide range of assessment information is used in the development of a student's final grade. Within Alternative Education, individualized assessments provide specific information regarding student progress and overall performance in the course. Student assessments may vary from student to student to adapt to differences in student needs, learning styles, preferences and paces. The teacher will apply best teaching practices to determine appropriate assessment. | | | | | | | | | | | | |

TEACHER'S CONTACT INFORMATION:

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| Teacher's Name: | |
| Teacher's Phone Number: | |
| Teacher's Email Address: | |