



CAREER AND LIFE MANAGEMENT (CALM) 20

PED0770

3 Credit Course

Course Overview	The aim of this course is to enable students to make well-informed, thoughtful decisions and choices in all aspects of their lives, developing behaviours and attitudes that contribute to well-being and respect of self and others, now and in the future. CALM is the core course for health literacy at the senior high school level in Alberta. This course covers three themes in three units: Resource Choices, Career and life Choices, and Personal Choices.												
Prerequisite	<i>Please refer to Alberta Education's Provincially Authorized Senior High School Courses and Course Codes Document</i>												
Required Materials & Resources	<ul style="list-style-type: none"> • Three Modules and Three Assignment Books • Media Reference Page 												
Learning Outcomes	<p>The student will:</p> <ul style="list-style-type: none"> A. apply an understanding of the emotional/psychological, intellectual, social, spiritual, and physical dimensions of health in managing personal well-being B. make responsible decisions in the use of finances and other resources that reflect personal values and goals and demonstrate commitment to self and others C. develop and apply processes for managing personal lifelong career development 												
Note	<i>Within Alternative Education all teachers are required to follow a common course outline and gradebook set up.</i>												
Assessment	<p>The student's grade is determined by the knowledge the student has acquired based on the program of studies and the skills the student is able to show in articulating his or her knowledge.</p> <p>The student's grade will be calculated based on the following:</p> <p>Coursework – 100%</p> <p><i>*There is no final exam for this course</i></p>												
Topics of Study	<table border="1"> <thead> <tr> <th>ASSIGNMENT</th> <th>TITLE</th> </tr> </thead> <tbody> <tr> <td>1</td> <td><i>Book One</i></td> </tr> <tr> <td>2</td> <td><i>Book Two</i></td> </tr> <tr> <td>3</td> <td><i>Book Three</i></td> </tr> <tr> <td>4</td> <td><i>Journal Entries – Three per Assignment Book</i></td> </tr> <tr> <td>5</td> <td><i>Special Interest Project – Choose One Overall</i></td> </tr> </tbody> </table>	ASSIGNMENT	TITLE	1	<i>Book One</i>	2	<i>Book Two</i>	3	<i>Book Three</i>	4	<i>Journal Entries – Three per Assignment Book</i>	5	<i>Special Interest Project – Choose One Overall</i>
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An Important Note About Assessment	A wide range of assessment information is used in the development of a student's final grade. Within Alternative Education, individualized assessments provide specific information regarding student progress and overall performance in the course. Student assessments may vary from student to student to adapt to differences in student needs, learning styles, preferences and paces. The teacher will apply best teaching practices to determine appropriate assessment.												
TEACHER'S CONTACT INFORMATION:													
Teacher's Name:													
Teacher's Phone Number:													
Teacher's Email Address:													