

## What's Going On In the Community?

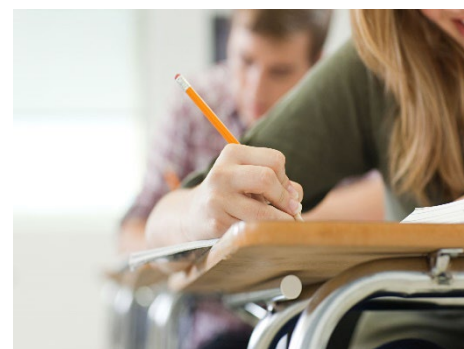
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### Children, Youth & Families Caregiver Education

- This program is offered **FREE** through Alberta Health Services, in partnership with the Mental Health Foundation.
- Sessions are **90 minutes** and take place **online**. Information is provided on mental health concerns as they pertain to children and youth.
- This month's topics include: **Junior High Jitters, Understanding Autism, and I Have, I am, I can - building resilience in children and youth.**
- To register for a session you can follow the link at <https://www.cyfcaregivereducation.ca/virtual-education>



### Green Shack Program

- This program is offered through the **City of Edmonton** and is led by program leaders.
- Participants can join in on **games, sports, crafts, music, drama, and special events.**
- Programming is offered from **July 4-August 25** and takes place at a variety of Green Shacks across the city, including Eddy Mark Shaske Jr. Park at 8751 153 St.
- Please visit the following link for more information [https://www.edmonton.ca/activities\\_parks\\_recreation/green-shacks](https://www.edmonton.ca/activities_parks_recreation/green-shacks)



### Accessible Chef

- Accessible Chef is a collection of visual recipes and other resources to teach cooking skills to individuals with disabilities.
- This site's goal is to make cooking accessible for everyone!
- The site also offers suggestions of how to adapt kitchen equipment to make it safer for individuals with disabilities to use.
- To access the site, follow the link <https://accessiblechef.com/>.

