

May

# FSLW NEWSLETTER

2022

Annunciation Catholic Elementary School

## What's Going On In the Community?

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### Children, Youth & Families Caregiver Education

- This program is offered **FREE** through Alberta Health Services, in partnership with the Mental Health Foundation.
- Sessions are 90 minutes and take place online. Information is provided on mental health concerns as they pertain to children and youth.
- This month's topics include: Body Image and Eating Disorders, Collaborative Problem Solving - helping kids navigate challenging situations, Test Anxiety, and I Have, I am, I can - building resilience in children and youth.
- To register for a session you can follow the link at <https://www.cyfcaregivereducation.ca/virtual-education>



### DiscoverE Summer Camp Bursary

- Camps are run at the **University of Alberta** North Campus by university students who act as mentors for higher education.
- The themes this year are **Chemical and Material Engineering, Electrical and Computer Engineering, and Robotics.**
- Partial **bursaries** pay half the cost of the camp (full cost is \$325) and participants receiving a full bursary pay only \$25.
- Applications for the July camp are **due by June 1, 2022.**
- The application can be found at <https://www.ualberta.ca/engineering/discovere/bursaries.html>



### FREE Rhythmic Gymnastics

- This program is **girls ages 5-12** from low income and newcomer families.
- Spring sessions will run on **Saturdays at 11:00am** at **Dr. Anne Anderson Community Centre** at 11810 35 Ave SW.
- Participants must register in advance.
- More information can be obtained by calling (587)335-7348 or by emailing [ersgregistrar@gmail.com](mailto:ersgregistrar@gmail.com).

