

Alberta Health Services works with parents, schools & community agencies to provide a range of coordinated health services for school age children and their families. Our common goal is to improve students' health & learning outcomes. A variety of health services are provided.

Nursing

Promoting Health

Registered Nurses work with school staff & families to:

- support teachers with their core health education curriculum, such as sexuality, hygiene and body image
- provide health resources
- link children/families with community agencies & resources, such as vision and hearing concerns
- promote health in areas, such as, healthy eating, active living, positive mental health, injury prevention, dental health, sexual health, tobacco/addictions prevention and reduction

Communicable Disease Control

Registered Nurses provide:

- communicable disease surveillance through monitoring of school absenteeism rates
- infection control consultation
- communicable disease follow-up for students

Immunizations

Kindergarten children aged 4 to 6 are recommended to have their preschool immunizations at the Public Health Centre.

Registered Nurses and Licensed Practical Nurses provide immunizations to students in schools, with parent/guardian consent.

- Grades 1: Immunization records are reviewed and parents/guardians are notified if their children are due for any vaccines
- Grade 6: Hepatitis B & Human Papillomavirus immunizations
- Grade 9: Diphtheria, tetanus, pertussis (whooping cough) immunization booster & meningococcal immunization
- Students in other grades may be immunized with parent/guardian consent

For more information about immunizations please go to: www.immunizealberta.ca or call your local public health centre.

Dental/Oral Health

In all schools:

- Kindergarten to Grade 3 Oral Health lesson plans and education resources are available at <http://www.albertahealthservices.ca/services/Page13173.aspx>
- Grade 4 to 6 Oral Health lesson plans and education resources are available from the school nurse.

In designated schools:

- Dental screenings and fluoride varnish applications for Kindergarten to Grade 2 Students.
- Dental Sealant applications for Grade 1 and 2 students.
- Follow-up with parents for urgent concerns.

Allied Health

Child- and family-centred services focus on:

- Functional needs
- Meaningful participation at home and in the community
- Supporting transitions through life and developmental stages
- Information sharing and wayfinding supports
- Health promotion and injury prevention

Children and youth are eligible for service if they have a newly identified medical or neurodevelopmental condition, or if they have experienced a significant change in function due to injury, medical intervention, surgery, or illness.

Service providers include:

- Speech-language pathologists
- Occupational therapists
- Physiotherapists
- Audiologists
- Therapy assistants

Parents and legal guardians can self-refer by calling Central Access at **780-735-3489**.

For more information, visit the AHS Pediatric Rehabilitation Directory: <https://www.albertahealthservices.ca/info/Page16633.aspx>

Please note: Some rehabilitation services are provided by schools and school districts. Contact your school principal for information about available services.

Addiction Prevention & Mental Health Promotion

Prevention and Promotion Consultants support communities, school divisions, and schools by providing consultation, services and resources, including teacher toolkits with lesson plans.

Web resources at:

<http://www.albertahealthservices.ca/info/Page2909.aspx>

Child and Adolescent Addiction And Mental Health Programs provide crisis and treatment services to youth 5 to 17 years old and their families.

Intake & Program Information.....780-342-2701

The website [The Comprehensive School Health Approach | Alberta Health Services](#) includes the *Provincial Teacher Resource List* which provides information and resources to support teachers in creating a healthier school community and in teaching the curriculum.