

September Newsletter - Father Michael Troy



Staff Welcomes

As we begin our year, we welcome some new members to our school community: returning from her maternity leave, Mrs. Bodmer-Hoff; we also welcome Miss Vetsch as a returning teacher; along with our new to Father Michael Troy teachers, Mrs. Fox and Miss Amelio.

Welcome to the FMT Community!

Key September 2020 Dates

- 17 Textbook distribution and Photos - **On-line students only will come to school**
8:30-9:30 Gr. 7E Students - please wear a mask into the school
9:30-10:30 Gr. 8E Students - please wear a mask into the school
10:30-11:30 Gr. 9E Students - please wear a mask into the school
- 17 Program Information Evening - Online event 6:30- 7:30
[CLICK HERE FOR THE LINK \(Begins at 6:30\)](#)
- 18 Textbook distribution and Photos **-in-school students only**
- 21 School Council Meeting - Online event
- 21-25 “The Spirit of Father Troy” Week
- 24 Father Troy Day Celebration (11:00) Broadcast to classrooms
- 30 Orange Shirt Day



Lunchtime

Our lunch is only 30 minutes in length and we have a closed campus which means that students are not allowed to leave school grounds. However, students living nearby can go home for lunch if we have written consent from parents. There is no longer microwave use during lunch, therefore we ask that you do not send food that needs to be heated (hot water for soup is no longer available). We truly appreciate your efforts to ensure your child has breakfast in the morning as research clearly indicates that proper nutrition promotes learning.

School Times

(M,T,W,F) (Doors will not open until 8:30 AM)

Attendance 8:35 a.m.

Block 1 8:40 - 9:30

Block 2 9:33 - 10:23

Block 3 10:27- 11:17

Block 4 11:20 - 11:55

Lunch 11:55- 12:25

Block 5 12:25 - 1:15

Block 6 1:18 - 2:08

Block 7 2:11- 3:01

Thursdays (Flex Day) More details will follow as to how our Flexible Learning Days will unfold with attention cohort groups of students and safety measures.

Attendance 8:35 a.m.

Block 1 8:40 - 9:34

Block 2 9:39 - 10:33

Block 3 10:38 - 11:33

2020 - 2021 Fees

All students will be required to pay a **\$60 Supplemental fee**. Additionally, Complementary Course fees will be specific to each course a student is enrolled in. Optional user fees for teams, field trips, etc... will be applied to PowerSchool accounts as they arise. To see a complete list of fees, please visit our website. School Fees are to be paid using the PowerSchool Parent Portal in late September/October; if you need assistance with your log-in information, please contact our office.

(<https://powerschool.ecsd.net>)

Entry to Building

1. ONLY students and staff can enter the building, without an appointment. For everyone's safety, parents are asked not to enter the school or to congregate at the exits.
2. Parents and guardians should endeavour to limit their access to only that which is necessary, an appointment must be made in advance by calling the general office.
3. When a parent or visitor enters the school, with an established appointment, they will be asked to use the self-screening tool COVID-19 Safety Screening Questionnaire before entering, and must sanitize hands and wear a mask.
4. Volunteers are not allowed in our school at this time.
5. Students will receive a schedule including homeroom teacher, your child's classroom number, location, and the entrance/exit door your child must use. All entrances/exits will be clearly labelled and visible.
6. In an effort to minimize gatherings, please do not arrive prior to your child's designated entrance time.
7. We ask the students to not gather before and after school. Teachers will assist students moving to their classes and into and out of the school upon arrival and dismissal. Please ensure appropriate physical distancing at these times.
8. A pre-established meeting point (away from doors) for pick up should be arranged with your child.

Key Safety Measures

Daily health monitoring by parents and staff

1. Before leaving home, parents must assess their child using the [COVID-19 Safety Screening Questionnaire](#)
2. Staff will self-screen using the COVID-19 Safety Screening Questionnaire.
3. On the self-screening, answering yes to any of the self-screening questions would require the student to not attend school. [Student illness If a student has COVID-19 symptoms](#)
4. Students showing signs of illness during the day will be isolated and supervised, parents will be contacted to pick up their child immediately.
5. Please review all emergency contact numbers on PowerSchool and update as needed.

Handwashing/Sanitizing

1. Students must wash their hands with soap and water for a minimum of 20 seconds before leaving home and when they arrive at school.
2. Staff will assist with hand sanitizer or hand washing at a designated sink
3. Students will wash their hands regularly throughout the day.
4. Alcohol-based sanitizer will be used if handwashing is not possible.

Water Fountains

Water fountains present a challenge in the effort to reduce transmission of the COVID-19 virus. Students are asked to bring water bottles from home, filled to start the day, and may subsequently fill those bottles throughout the day as needed. The use of water fountains in their traditional manner will not be available for use. Water filling stations will

be the source of water for students to refill their personal water bottles.

Cohorts

1. Student interactions will be limited as much as possible to their classroom cohort for everyone's safety. To maintain these cohorts, students will be asked to move promptly to their homeroom class.
2. Segregated lunches will take place to maintain cohorts. Locations for Homerooms have been established.
3. Within the class, students will not be sharing personal supplies, learning materials, or books.

Wearing Masks

1. It is mandatory for all students, regardless of age, who ride the bus to wear a mask – before boarding and for the duration of the ride.
2. Students are mandated to wear masks when physical distancing is not possible – this will include their classroom setting.
3. Students must arrive to school wearing their mask correctly (covering from nose to chin)
4. Students must have a container, Ziploc bag, or paper bag to store their mask when not in use.
5. Students will be provided by the Division, two masks that they are to bring daily.
6. Staff will wear masks where physical distancing of 2 m is not consistently possible.

Physical Distancing

1. Student movement throughout the school will be limited.
2. Seating will be assigned
3. There will be signage throughout the school to display a 2 m distance for students.

Lunch Procedures

- Please ensure your child has the utensils necessary for their lunch/snack.
- Students must come to school with their snack and lunch each morning.
- Students must be able to open their own containers/packages and eat independently
- Our lunch is only 30 minutes in length and we have a closed campus which means that students are not allowed to leave school grounds. However, students living nearby can go home for lunch if we have written consent from parents. We truly appreciate your efforts to ensure your child has breakfast in the morning as research clearly indicates that proper nutrition promotes learning.
- For the safety of your child, staff are not permitted to touch students' food items.
- At this time, there will be no microwave use and hot water will not be made available.
- No food delivery services will be permitted to bring food to students or staff in the school (eg. Skip the Dishes, Uber Eats)

Homework will mainly be online.

- Students will not be carrying items to and from school
- For continued risk management, lockers will not be used.

- All teachers will have a Google Classroom for homework and communication
- We will continue reporting assessment in PowerSchool

Student Agenda Planners

These will be used by teachers and students as a planning and communication tool.

Field Trips

- No Field trips are occurring at this time

Physical Education and Athletics

Physical activity is an important element in student health and well-being. In order to provide physical education experiences for students:

1. School Athletics are on hold in all respects at this time.
2. Equipment will be cleaned before and after use.
3. Activities supporting increased physical distancing are encouraged.
4. Use of shared items or sports equipment is discouraged.
5. Shared equipment will be cleaned before and after each use; users must perform hand hygiene before and after each use.
6. Students are encouraged to come changed for their activities as lockers will not be accessible.
7. Outside activities will occur when and where possible

Cell-Phone Protocols **CHANGED**

● The Father Michael Troy Cell-phone Policy has been that Phones and iPods were not to be present in classrooms or between classes in school. As on-line learning will play a more important role during the pandemic, we will suspend the requirement for no cell phones in class. These devices will now be permitted until further notice. Students are asked to be responsible with these devices and to use them for educational purposes. Misuse will not be tolerated. We have some iPads, Chromebooks and laptops students will use for integrating technology while in the classroom. If these are to be shared, sanitizing between users will occur.

Campus-Wear

- All upper body clothing must be navy blue or white. Stripes or patterns of navy or white are fine and collars or cuffs must be a combination of navy or white too. If the clothing has writing, an insignia, or a crest, it must also be navy or white. Shorts and skirts must be an appropriate length. Pants which show underclothes and sleeveless shirts are not allowed.
- Entripy is our Campus Wear provider. The online store is always open and payment is made directly on the Website. Items will be delivered to your home.
<https://fmt.entripyshops.com/>

School Supplies

- Binders - 4 (different colors)
- Dividers - 4
- Duotangs - 3
- Pencil Case
- HB pencils (minimum of 10)
- Pens: Pkg. of blue
- Pkg. of red
- Pencil Crayons/felts
- Highlighters - 2
- Glue Sticks - 2
- Scissors
- Ruler (30 cm)
- Loose-leaf lined sheets (500 sheets)
- Graph paper-1cm squares (200 sheets)
- French/English Dictionary: Collins or Larousse
- Basic Calculator (Grade 7 & 8)
- Scientific Calculator (Grade 9)
- Flash drive or memory stick-
- We recommend all students have a personal learning device (laptop, tablet)

STAPLES PARTNERSHIP

We have partnered with Staples (Meadows 2012-38 Ave) to make available technology devices for FMT families. We recommend that students have their own device so that technology is available, dependable and personalized, enabling students to maximize productivity, not only at school but at home as well.

Mental Health

Edmonton Catholic Schools supports student mental health through a Comprehensive School Health Framework. This framework is an internationally recognized approach to supporting improvements in students' educational outcomes while addressing school health in a planned, integrated, and holistic way. This whole-school model builds capacity to incorporate well-being as an essential aspect of student achievement. Actions address four distinct, but interrelated components that comprise a comprehensive school health approach:

- Social and physical environment
- Teaching and learning
- Healthy school policy
- Partnerships and Services when actions in all four components are harmonized, students are supported to realize their full potential as learners – and as healthy, productive members of society.

For additional supports, parents can also access:

- Mental Health Helpline: Phone: 1-877-303-2642 This Toll-free helpline provides

confidential and anonymous services, crisis intervention, information about mental health services and referrals to other agencies.

- French Mental Health Help Line: Phone: 1-800-567-9699 Same services as above
- Kids Help Phone: 1-800-668-6868 www.Kidshelphone.ca Text CONNECT to 686868
- French Kids Help line: www.jeunessejecoute.ca
- Health Link: Phone: 811
- Alberta Health Services: Help in Tough Times Healthy Together
- The federal First Nations and Inuit Hope for Wellness Help Line at 1-855-242-3310 24 hour availability, 7 days a week, or chat online at Hope For Wellness

Thank you for your continued patience and understanding as we navigate these uncertain times. Please note: Risk mitigation strategies at the school level must transcend all other considerations. It is recommended that you check your e-mail frequently to stay current with ongoing communications and directives. Check our Division Website for frequently asked questions and then, If you have further questions, please contact the office at (780)471-1962

Mr. J. Fillion
Principal

Mrs. K. Lupul
Assistant Principal