

RETURN TO CURLING: GUIDELINES

Edmonton Catholic Schools
Junior High Athletics
October 2021

Participants must follow all guidelines as outlined in the *Edmonton Catholic Schools Athletics Restart Guidelines* document. Additional guidelines for the curling season are outlined below.

The following guidelines reflect alignment with Government of Alberta & AHS guidelines, and the *EPS Back to School Plan*.

GAME PLAY PROTOCOLS

1. When not playing or actively warming up, players will be required to wear their masks. Wearing masks while playing is the choice of each athlete.
2. Coaches must wear masks at all time.
3. Unnecessary contact between participants, handshakes, high-fives, etc. should be discouraged, and where possible participants should maintain physical distancing of 2 meters.
4. Players stay on the same side of the sheet - e.g. if you are playing on sheet 2, always position yourself on the sideline to sheet 1.
5. Non-delivering team - players should stand on side while other team is throwing. Skip/vice-skip may stand on backboards, but no closer than the hack
6. Only delivering team skip may be in the house. They may sweep any legal rock.
7. Measuring - one person should conduct the measure. They must sanitize hands, conduct measure, return measuring device, sanitize.
8. Touch only your own stones. If you need to move another stone, use a broom.
9. Each team will choose one member to record the score. The scoring team will be responsible for recording the score of an end.

EQUIPMENT

1. Stones, measuring devices & scoreboards - before the game curling rink officials will sanitize the rink equipment
2. Brooms, sliders or other shared team equipment must be sanitized by team personnel before each game.

PARTICIPANTS

1. Participants at The Derrick Gold & Winter Club:
 - a. All participants over 12 years of age (players & coaches) will be required to show proof of vaccination to enter the club.
 - b. At this time, no spectators are permitted. (Regular coaches, assistant coaches & players are the only participants permitted)
2. Participants at The Thistle Curling Club:
 - a. Spectators and coaches over the age of 12 will be required to show proof of vaccination to enter the club.
 - b. Student curlers are not required to show proof of vaccination.

FACILITIES

1. All facility rules and protocols must be followed.
2. Participants should limit the use of locker rooms as possible. Players should arrive at the game changed and ready to go.