





2022

e4c School Nutrition Program

ECSD Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 	4 Menu v on schc 	5 Menu on sch 	6 EARLY 	7 Tuna s Orang Dairy 
10 Wow butter + jam sandwich Apple slices Dairy	11 Beef + cheese sandwich Cucumber + dip Dairy	12 Pizza bun Oranges Dairy	13 EARLY DISMISSAL	14 Egg Salad Sandwich or Cheese sandwich and boiled egg Grapes Dairy
17 Tuna sandwich Oranges Dairy	18 Turkey + cheese + lettuce sandwich Carrots + dip Dairy	19 Cream cheese + jam bagel Grape tomatoes Dairy	20 EARLY DISMISSAL	21 Diced chicken taco wrap Celery + dip Dairy
24 Mini pita + cheese + turkey Cucumbers + hummus Dairy	25 Beef + cheese sandwich Apple slices Dairy	26 Pizza bun Banana Dairy	27 EARLY DISMISSAL	28 Chicken salad sandwich Carrots + dip Dairy
31 Turkey + cheese wrap Oranges Dairy				

We do not serve any items containing pork or gelatin. Menu items are subject to change without notice. "Dairy" indicates milk, yogurt, or cheese.