

ST. THOMAS MORE

CATHOLIC JUNIOR HIGH SCHOOL

SPORT ACADEMIES

***VIRTUAL
OPEN HOUSE***

**Thursday, February 24
at 7:00 PM**



9610 165 Street NW | 780-484-2434
stthomasmore.ecsd.net

At STM we challenge and inspire our student-athletes to become leaders in our community and beyond. Designed for young people at various skill levels, the STM sport academies offer student-athletes an opportunity to develop and refine their physical, technical, mental, and tactical skills in their chosen sport.

WHAT WE OFFER

St. Thomas More sport academies are open to boys and girls at varying levels of skill development. Students take their core academic subjects in the morning and participate in the sports academy in the afternoon.

HOCKEY & RINGETTE ACADEMIES

Students in the hockey and ringette academies train at school and travel to different ice arenas including a pick-up point at the Terwillegar or Callingwood Recreation Centres when on ice.

SOCCER ACADEMY

Students in the Soccer Academy train at school and at the at the Edmonton Soccer Association West Centre.

BASEBALL ACADEMY

The baseball Academy is offered through partnership with St. Francis Xavier High school at various sites.

WHY STM SPORT ACADEMIES?

The STM academies are run by qualified teachers and professional coaches. We provide access to expert instruction and high intensity training allowing students with a unique opportunity to excel in their chosen sport, while going to school. The academies offer students opportunities to develop life-skills such as organizational strategies, time management skills, visualization techniques, and self-discipline.